



Dear Members

We would like to take this opportunity to update you with the new safety requirements that will be put in place for the 2020-21 curling season. Please read each section carefully.

Symptoms

You are prohibited from entering the club if you:

- Are covid-19 positive;
- Are self-quarantining for any reason related to covid-19 (ie: due to having tested positive for covid-19, due to having been in proximity to someone who tested positive, for having travelled abroad etc.);
- Have covid-like symptoms, including but not limited to:
 - o Fever
 - o Dry cough
 - o Shortness of breath
 - o Tiredness
 - o Loss of sense of taste and/or smell

If you are unsure your symptom(s) are related to covid-19, **please stay home**. The health of your colleagues and the success of the season rely on the trust and diligence of every member.

Thank you in advance for your willingness to miss a game or two, in the interest of the greater good.

Masks

Wearing masks is an important health and safety measure to reduce the risk of spreading the virus, and it understandably triggered many points of view. The Quebec public health authority requires that masks be worn in any closed public space, which includes the club. Further, the Board has decided that masks will also be mandatory on the ice. That means from the time you enter the club, to the time you exit, you are obligated to wear your mask. Exception: you are permitted to remove your mask only when seated at your lounge table, while being 2m from your nearest colleague.

We understand that this may be inconvenient. It may make it harder to breathe and it may fog up your glasses, and we took this into consideration, however, the concern for safety carried the most weight in this decision.

All players should respect the need for a sweeper to take a break when needed and not get frustrated if sweeping is not up to the usual standard. To the skips: give more ice. To the throwers: add a little more weight. We will find a way to make it work.

Locker Rooms & Lockers

With masks being mandatory in all areas of the building, the Board considers that locker rooms can be used and therefore will remain open at all times, subject to the following safety guidelines:

- 1- Sanitizing gel must be used by every person entering the locker room, each time they enter;
- 2- The maximum number of people in the women's locker room is six (6). Please wait outside until there is room for you to enter;
- 3- The maximum number of people in the men's locker room is ten (10). Please wait outside until there is room for you to enter;
- 4- The Locker Room includes the bathroom, therefore the above maximums of 6 and 10 people include people in the bathroom as well;
- 5- At all times when inside the locker rooms, please maintain a minimum 2m of physical distancing.

The Board very strongly recommends that members come to the club dressed in curling attire. This will reduce the time spent in the locker rooms and will allow more availability for those who require the use of the locker room (ie: those coming directly from work).

Coat racks and boot trays will be placed in the downstairs lounge for people who need only to hang their coat and change into their curling shoes.

Bathrooms will be open and there are new special soap dispensers to be used which have already been installed and filled. We would like to remind everyone that the Quebec provincial health guidelines require washing your hands for not less than 20 seconds.

The usual annual locker rental fee of \$15 will apply and will be billed to your account.

Arrival and Draw times

Please be at the club no earlier than 20 minutes before the start of your draw. For those who are used to socializing or eating dinner at the club before your draw, this will no longer be permitted. If you are at the club earlier than 20 minutes prior to your start time, we thank you for waiting in your car.

Given that we will be wearing masks on the ice, we will maintain the normal draw start times. For the day, 10:00am and 12:30pm, and for the evening, 7:00pm and 9:00pm. In other words, we will not adopt staggered start times.

For the first draw, once you have changed into your curling clothes, please go directly to the starting end of your sheet and await the rest of your team. There shall be no congregating anywhere in the club prior to the start of your game.

Exception: For the second draw, if you are ready to curl and your sheet is not ready, please wait in the upstairs lounge and keep 2m physically distanced. Do not touch the tables or chairs which will have been disinfected.

Drinks on the ice: Please bring your own water in a bottle clearly marked with your name. Pitchers of water and glasses will not be provided on the ice. A decision regarding consumption of alcohol on the ice will be announced at a later date.

Ice Access, Boot Brush and Direction of Play

Entering the ice shed will happen from the upstairs lounge only. Exiting the ice shed will happen from the Sheet D door only. Please respect this new one-way requirement. Maintain your 2m distance at all times when entering and exiting the ice and be careful on the stairs.

When using the boot brush, please do not use the handle. The pressure of your foot will start the motor.

Sheets A and C will start from the scoreboard. Sheets B and D will start from the glass. Rocks will be positioned accordingly throughout the season.

Greeting, Coin Toss, Rock Disinfection

In order to reduce contact, no handshakes will be permitted.

The coin spinner will no longer be used. We recommend one player using a coin toss app on their phone or have someone run their stopwatch and have the opponent choose “even or odd”.

Rocks must be disinfected by a member of the team before the start of play – they will not be disinfected at the end of the game. We recommend that disinfection be done by one player per team. Immediately discard the disinfecting wipe when done.

Wipe the plastic handle only. Do not wipe the sides or the bottom of the rock. To remove debris from the bottom of the rock prior to delivery, use your broom head. If you must use your hand to clean the bottom of the rock, disinfect your hand with gel immediately after delivering the rock.

Sweeping, Standing and Scoring

We will follow Curling Canada’s recommendation that the delivering team shall use only one sweeper. That sweeper will sweep for the entire delivery of that stone. The sweeper shall not hand off to the other sweeper or to the skip at any time during the delivery. The skip of the delivering team is not permitted to assist the sweeper. The opposing skip is not permitted to sweep behind the T-line and must remain behind the hack until the delivering team’s stone has come to a complete stop.

Each team is responsible for determining which player will sweep the rock. There is no policy regarding which player sweeps at what time. Please be respectful, flexible and understanding when working this out in your teams.

Curling Canada posters showing recommended player position have been installed in the downstairs lounge and at each end of the shed, between sheets A/B and C/D. Markings will be put in the ice to assist with standing positions for non-sweeping players.

Scoring must be done by only one person per sheet, please agree on that before the start of play. When marking the score, the scorer can use the scoreboard tiles or an app on their phone. If you choose to use the tiles, you must disinfect both sides of the tiles at the end of the game and replace them in the holder. The tiles must be clean and ready for the next draw.

Length of Game, No Extra Ends

It is expected that games may take longer than usual due to extra safety procedures, however, no extra time will be given to complete the game. In addition, extra ends will not be permitted.

Once the bell rings, teams will complete the end in play and one more end, as per usual etiquette.

If the score is tied at the end of regular play, the winning team will be determined by a draw to the button. For this draw to the button, any player on the team can throw, and any one player can sweep. The team that scored last, shoots first for this tie-breaking draw. If a measure is required for the draw to the button, please follow the safety steps below for using the measuring device. For a rock to be considered, it must be at least biting the 12-foot (rocks in play but not touching the rings are disqualified). If both draws result in a tie or have disqualified rocks, repeat the draw to the button.

Club equipment - Brooms, Stabilizers, Measuring Devices, Pebble Can, Chamois, Nipper

Brooms, Stabilizers, Measuring Devices

Club brooms and stabilizers will be removed from the shed and will therefore not be available for use. If you have relied on a club broom or stabilizer in the past, please obtain your own equipment.

When using any of the measuring devices, including the 6-foot biter measure, please follow this protocol, prior to touching the measuring device:

- 1- Remove your curling gloves and sanitize your hands with gel;
- 2- Put on a pair of surgical gloves;
- 3- Pick up the measuring device, proceed to your sheet and measure the rock;
- 4- After determining the closest rock, pick up and return the measure;
- 5- Remove and discard the surgical gloves;
- 6- Sanitize your hands with gel;
- 7- Put on your curling gloves and return to your sheet.

Pebbling Can, Chamois and Nipper

To minimize the number of people using the equipment, the end-of-draw ice maintenance will be the responsibility of any of the 8 players of the 3rd game to finish play in the draw. If you are part of the 1st or 2nd game to finish, please exit the ice without touching any maintenance equipment.

For the ice maintenance, one person each shall chamois, pebble and nip. These 3 players will start right away and do all four sheets.

These protective measures apply to each of the chamois, pebbling can and nipper:

- 1- Remove your curling gloves and sanitize your hands with gel;
- 2- Put on a pair of surgical gloves;
- 3- Pick up the equipment, proceed to the first sheet and start the maintenance;
- 4- After completing all four sheets, return the equipment to its place;
- 5- Remove and discard the surgical gloves;
- 6- Sanitize your hands with gel;
- 7- Put on your curling gloves and exit the ice.

Practicing

Practicing immediately before your draw is not permitted, especially given the 20-minute arrival time limitation.

Practicing during specified times will be permitted, subject to safety protocols, all to be announced at a later date.

Yolanda's Office, Kitchen

Nobody is permitted to enter the office at any time unless they have the consent of Yolanda or a Board Member, or in an emergency situation.

During general operation of the club, the kitchen is closed until further notice. Nobody is permitted to enter the kitchen, except for the bartending staff or for emergencies.

For special events requiring the kitchen, protocol will be determined on a per-event basis by the Board in cooperation with the committee running the special event.

A plastic tub will be placed outside the kitchen for the return of glasses, bottles or other items.

Bar

The bar is considered a high touch-point area, and members are asked to not approach the bar unless directed by the bartender. If directed to approach the bar, do not touch or lean on the bar, and wait until the bartender presents your drink. Take the drink and return to your table immediately.

Take your drink only. Don't touch anyone else's drink, either from the bar, or to bring to the plastic tub.

Drinking time for the first draw will be strictly limited. The lounge must be cleared and emptied by 130pm (day ladder) or 1030pm (evening ladder) to allow for cleaning before the second draw comes off the ice.

For games in the second draw that finish early, a decision on when to exit the ice will be announced at a later date.

Contact Tracing & Visitors

If contact tracing is required, the club will provide the names and contact information at the sole discretion of any health authority. The draw schedule will be used as the primary tool of identification of members deemed to be at risk.

To skips (or vices if replacing the skip): You have the obligation to inform the club of any changes to the team (ie: absences, spares), by sending an email to both the office manager and the ladder coordinator, as soon as possible prior to, or after the game, in order to permit effective contact tracing.

Office Manager:	Yolanda Schneider	mail@glenmorecurling.com
Day ladder:	Chris Hoodspith	choodspith@hotmail.com
Open ladder:	Dan Paquette	glenmoreopenladder@gmail.com
Mixed ladder:	Nathalie Nguyen	nnpn@hotmail.com
TGIF:	Jennifer Delloye	jendelloye@gmail.com
Mixed doubles:	Ann-Lise Rochon	a-lrochon@sympatico.ca
Sunday Night:	Mike McIntyre	mj.mcintyre@videotron.ca

Non-curling, non-essential visitors are very highly discouraged from entering the club at any time. A formal policy regarding visitors will be announced at a later date.

Liability Waiver

Curling Canada and Curling Quebec have strongly recommended to all clubs that all members and visiting players sign an "Acknowledgement and Liability Waiver". This document requires each curler to acknowledge the risks involved in curling, and more specifically this year, the risks presented by covid19. Additionally, in this document, you commit to your colleagues and to the club, that you will act according to the prevailing public health guidelines, such as staying home if you have covid-like symptoms and self-quarantining when required. This is an important document that must be signed if you would like to curl. It will be sent out prior to the start of the season.

Good (and safe!) curling to all!

Your Board of Directors